

Volunteers News Nuggets

March 2011

TRAINING DATES

Befriending Training

Friday 15th April 1.30-4pm

Drugs Overdose Training

Thursday 21st April (time tbc)

Child Protection Awareness

Wednesday 22nd June 2-5pm

Managing Difficult Behaviour

Thursday 27th October 10-12.30

Lunch will be included

All training sessions will be held at the Centre and are free of charge. Please speak to Tim or indigo if you would like to book a space at any of the events.

VOLUNTEER REP

As mentioned in the last edition of News Nuggets, Hilda is now attending staff meetings as a representative of the volunteer team.



HOME SWEET HOME!

A very warm greeting to you all, and I hope that this letter finds you in good health. It's been a very busy couple of months here at the Centre as we have settled into our new home, reaching a crescendo last week with the official grand opening featuring Fred Macaulay! This was an important opportunity to spread the word about the good work of the Centre and remind all of the "important people" of our existence, especially at a time of financial uncertainty.



As a staff team we are really enjoying the new offices and feel that they are already making a big difference to the work that we do with carers and disabled people. We hope that you also feel relaxed and comfortable in the new Centre, and please do feel free to make use of the staff room when you're in to help yourself to a cup of tea or coffee (and possibly a biscuit if you're lucky!).



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DISCUSSION GROUP

We recently started a discussion group for staff of the Centre to look at the reasons *why* we do this kind of support work and to provoke some debate around relevant issues.

The group is also open to volunteers, so please feel free to pop along, or even better, to offer to lead one of the sessions if you feel that you have a burning topic you would like to see aired...

The next group will be taking place at the Centre on 5th May between 2 and 3pm.



VOLUNTEERING OPPORTUNITY

We have an opportunity for a volunteer to go clothes shopping and to the gym with one of our clients, on a fortnightly basis. The client is female and in her late 20s.

If you feel this might be something you could help with, please speak to either Tim or Alison at the office.

BEFRIENDERS

For those of you who do befriending, just a wee reminder for you to remember to phone in to the office (200422) at the end of your session and let us know you have finished. Please note that we no longer have an office cover mobile phone available. If you were using this number before, please delete the number and just use the main office number instead.



There's so much in this edition of News Nuggets that we've had to extend it to a second page for the first time ever! If you feel that you would like to contribute in any way to future letters, please speak to Tim and I'm sure we can find some space.